



GAIN MORE KNOWLEDGE
REACH GREATER HEIGHTS

PRESIDENCY SCHOOL

(Affiliated to CBSE vide no. 830157)

Sy. No. 80/2 & 80/3, Bilekahalli, Off. Bannerghatta Road, Bangalore – 560 076

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PSBS/CIR/PRN /15/25-26

07.06.2025

Dear Parents,

Greetings from Presidency School Bangalore South!

ELENORE ECO MONTH ACTIVITIES AND COMPETITIONS

PSBS ECO MONTH INITIATIVE 2025

Theme: “BEAT PLASTIC POLLUTION”

Emphasizing: Reduce Single-Use Plastics | Reuse and Recycle | Choose Eco-Friendly Packaging

At PSBS, we believe in nurturing a strong bond with nature. With this guiding principle, the theme for this year has been thoughtfully curated to contribute to a healthier, greener planet — “BEAT PLASTIC POLLUTION”. This initiative places a special focus on:

- Reducing Single-Use Plastics
- Reusing and Recycling Resources
- Choosing Eco-Friendly Packaging Alternatives

Our goal is to foster a deep, meaningful connection between students and the natural world. Through this, we aim to promote environmental stewardship and encourage sustainable living practices within our school community and beyond.

Kick-off: World Environment Day

Our Eco Month- *Elenore*, commenced with a **special assembly**, celebrating **World Environment Day**. The event aimed to raise awareness about the urgent issue of plastic pollution and ignite a sense of responsibility and action among students and staff.

Eco Month Highlights

A series of engaging **activities, competitions, and social drives** have been thoughtfully planned throughout the Eco Month to inspire change and build lasting eco-conscious habits among students and staff. These include:





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ECO MONTH ACTIVITIES

SL.NO	ACTIVITY	DATE	TIME	GRADE
1	WRIST BAND MAKING	9/06/25	EVS Periods	I
2	SUSTAINABLE DYEING	9/06/25	EVS Periods	II
3	HANGING PLANTS	9/06/25	Science Period	III, IV, V
4	SEED PENS	20/06/25	CCA Periods	VI VII
5	SEED PENS	20/06/25	Science Period	VIII
6	POSTER MAKING: 'CLEAN PLANET AND GREEN FUTURE'	JUNE	Science periods	IX
7	SLOGAN WRITING: 'BEAT PLASTIC POLLUTION'	JUNE	Science periods	X

ECO MONTH COMPETITIONS

SL.NO	COMPETITION	DATE	TIME	GRADE
1	FRUIT AND VEGETABLE ART	12/06/25	CCA Periods	I, II
2	ECO- CRAFT: TRASH TO TREASURE	19/06/25	CCA Periods	III, IV
3	UPCYLED: SCIENCE THROUGH SCRAP	20/06/25	CCA Periods	V
4	BIODIVERSITY BINGO	13/06/25	CCA Periods	VI
5	ECOEXPOLRER	20/06/25	CCA Periods	VII
6	NATURE QUEST QUIZ	JUNE	PRELIMS-During school hours. Finals date will be intimated to the selected students.	VIII, IX , X

SOCIAL CAMPAIGN AND AWARENESS DRIVE:

STREET PLAY	THEME -BEAT THE PLASTIC POLLUTION	VENUE- VIDHANASOUDHA	25/06/25 -details will shared shortly
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INSTRUCTIONS FOR ACTIVITIES AND COMPETITION

ACTIVITY / COMPETITION	INSTRUCTIONS
WRIST BAND MAKING Grade 1	☐ Eco Month Activity: Wrist Band Making Theme: “My Green Promise” – A Personal Pledge for the Planet As part of our ongoing efforts to foster environmental awareness and creativity, students will participate in a fun and meaningful Wrist Band Making activity. Objective: To give students a creative outlet to express their pledge to protect nature, and to take home a small, symbolic token of their participation in Eco Month. Materials Provided by the School: • Sticker paper strips (adhesive-backed, safe for skin) • Colour paints (for thumb impressions) Instructions for the Activity: 1. Each student will receive a strip of sticker paper. 2. They will dip their thumbs in the provided colour paints and gently press them onto the sticker strip to create thumbprint patterns. 3. These thumb impressions will represent their personal "green promise" to care for the Earth. 4. Once complete, teachers will assist students in wrapping the sticker strip around their wrist like a wristband. 5. Students will proudly wear their handmade bands home as a reminder of their commitment to the planet.
	☐ ☐ Eco Month Activity: “Eat Healthy, Stay Happy!” A Creative Food Art Competition Using Fresh Fruits & Vegetables As part of our Eco Month celebrations, we are excited to introduce a fun and educational activity that promotes healthy eating and environmental consciousness through creative expression!



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FRUIT AND VEGETABLE ART COMPETITION GRADE 1 & 2

Objective:

This activity aims to inspire children to make healthy food choices while exploring their creativity in an eco-conscious way. Let's make healthy eating fun and artistic!

□ Activity Guidelines:

1. Use real fruits and vegetables to create artwork or imaginative figures.
(Examples: A grape caterpillar, a butterfly with carrot wings, a tomato flower, etc.)
2. Individual participation only.
 - Parents may help by sending pre-cut fruits and vegetables for safety.
 - The design and arrangement must be done by the child.
3. Materials to Bring:
 - Fresh, cut fruits and/or vegetables
 - An eco-friendly plate (e.g., banana leaf, reusable steel or bamboo plate)
4. No cooking is allowed – only raw fruits and vegetables should be used.
5. Important Notes:
 - Please send only a small quantity – just enough for the activity and for your child to eat afterward.
 - Avoid sending excess to help reduce food waste.

□ Judging Criteria:

- Creativity & Originality
- Neatness
- Effective Use of Fruits/Vegetables
- Overall Presentation

□□ Eco Month Activity: “Colours from Nature”

Exploring Art with Natural Dyes



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SUSTAINABLE DYEING GRADE 2

As part of our continued journey to connect students with sustainable and nature-inspired practices, we are introducing a hands-on activity that celebrates **eco-friendly art** using natural colours!

Objective:

This activity encourages creativity, hands-on learning, and a deeper appreciation for what nature can offer — all while keeping sustainability at the heart of the process.

□ *Instructions for Students:*

1. What to Bring:

- One **plain white cotton handkerchief** or small white cloth (washed and ready to dye)
- An **old apron or oversized shirt** to protect their uniform during the activity

2. Natural Dyes Provided by School:

- **Turmeric** (Yellow)
- **Beetroot** (Pink/Red)
- **Spinach/Coriander** (Green)
- **Tea/Coffee** (Brown)

(All dyes will be safely prepared and handled by teachers or staff.)

3. Techniques to Explore:

- **Tie and Dye** using rubber bands to create patterns
- **Stamping** using leaves, okra, or other vegetables

4. Activity Process:

- Teachers will guide students to gently **dip or stamp** their cloth using natural dyes.
- Cloth pieces will be set aside to **air dry** during the day.

5. Take-Home Keepsake:

- Each student will take home their **eco-dyed handkerchief** — a beautiful reminder of creativity and conscious living.

□□ **Eco Month Activity: “Eco-Spots, Smiling Thoughts!”**

Create Your Own Hanging Green Space!



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HANGING PLANT ACTIVITY Grade 3,4 & 5

This activity invites students to transform everyday waste into beautiful green “eco-spots” while learning about upcycling and plant care. Let’s spread smiles by adding a touch of green to our surroundings!

Objective:

This green initiative helps children connect with nature, learn about plant care, and creatively reuse materials that would otherwise be discarded.

Let’s plant happiness, one eco-spot at a time! ☐ ✨

☐ *Instructions for Students:*

1. What to Bring:

- A **recycled container** (e.g., half-cut plastic bottle, oil can, or any reused plastic container) **already filled with soil**
- The container should have a whole to hang it with S-hook.
- A **small plant or rooted cutting**, such as:
 - **Money plant**
 - **Spider plant**
 - **Any easy-to-grow indoor plant**
- **String or jute thread** for hanging the planter

2. Important Safety Guidelines:

- Only use **child-safe, lightweight materials**
- **Avoid glass, sharp-edged metal, or any breakable containers**

3. What We'll Do:

- Students will work on arranging their plant into the container
- Teachers will assist with creating a hanging loop using jute or string
- The completed hanging planters can be displayed around the class or taken home!

☐ ✨ **Eco Month Activity: “Trash to Treasure”**

Turning Waste into Wonders!



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ECO CRAFT COMPETITION Grade 3 & 4

As part of our commitment to sustainability and creative thinking, students are invited to participate in the “Trash to Treasure” activity — where imagination meets eco-consciousness!

☐ Instructions for Students:

1. **Create** a useful or decorative item using **only waste or recyclable materials**, such as:
 - Old newspapers or magazines
 - Plastic bottles or caps
 - Cardboard or used packaging
 - Tin cans, cloth scraps, etc.
2. Your creation can be anything creative and functional, like:
 - A **pen stand, flower vase, toy, wall hanging, photo frame, desk organizer**, etc.
3. **Individual participation** only.
4. Keep the **size manageable** — the final item should **fit on a school desk**.
5. **No new craft materials** are allowed — only waste/recycled materials (glue or tape is permitted).
6. **Label your project** clearly with:
 - Your **name**
 - Your **class, section**
 - **Title/Name of the item**
7. **Bring all materials** to school **ready for assembly** — students will put the item together during the session.

☐ Judging Criteria:

- **Creativity & Originality**
- **Neatness & Finishing**
- **Effective Use of Waste Materials**
- **Practicality or Usefulness**
- **Environmental Message (if any)**

Let's prove that a little creativity can go a long way in protecting our planet. After all, someone's trash could be your next treasure! ☐ ☐

☐ ☐ Eco Month Activity: “Science Through Scrap”

Building Scientific Ideas from Recycled Treasures



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UPCYCLED INNOVATORS COMPETITION Grade 5

Encouraging hands-on innovation, scientific thinking, and sustainable creativity — students are invited to participate in the “**Science Through Scrap**” model-making competition!

□ **Instructions for Participants:**

1. **Create a science model or project using scrap or recycled materials only.** Examples include:
 - Old cardboard, plastic bottles, straws, wires
 - Bottle caps, used CDs, foil, newspapers, boxes, etc.
2. **Assembly must be done at school** during the competition. *(Pre-made or pre-assembled projects will not be accepted.)*
3. **Time Limit:** 1 hour *(or as decided by the teachers)*
4. **Each participant must bring:**
 - All required **scrap/recycled materials**
 - **Scissors, glue, tape, markers**, and any other basic stationery
 - A **base board** (if needed) for display
5. **Suggested Topics:**
 - Rainwater Harvesting
 - Simple Machines
 - Solar Energy
 - Windmill/Turbine
 - Pollution Control
 - Human Body Systems
 - Any topic representing a **science concept**
6. **Projects must:**
 - Clearly represent a **science principle or system**
 - Be made **entirely from scrap**
 - Be **explained briefly** by the student during evaluation
7. **Label your project with:**
 - Your **name**
 - **Class, Section**
 - **Project title**

□ **Judging Criteria:**

- Relevance to **scientific concepts**
- **Creativity and innovation**
- Effective and thoughtful **use of scrap materials**
- **Neatness** and finishing



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	• Presentation and explanation of the concept Let's bring science to life in the most sustainable way possible — by turning scrap into smart, eco-friendly innovation! ☐☐
SEED PEN ACTIVITY Grade 6, 7 & 8	☐☐ Eco Month Activity: Seed Pen Making Craft a Pen, Plant a Future! In our mission to promote sustainability through creativity, students will be participating in a guided session to create their very own eco-friendly seed pens — using simple materials and recycled newspaper! ☐ Materials to Bring from Home: • ☐ Scissors • ☐ Small Fevicol bottle • ☐ Scale ☐ Activity Details: • A demo video will be played on the smart board in class to show step-by-step instructions. • Students will then make the seed pens on their own, following the demonstration. ☐ Materials Provided by the School: • Old newspapers • Pen refills • Staplers • Seeds ☐ After Completion: Students will submit their completed seed pens to the respective teachers for safekeeping and later display/distribution. This hands-on activity helps students understand the power of small changes—like turning a simple writing tool into a potential plant! ☐☐



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	Let's create, learn, and grow — one pen at a time!
POSTER MAKING/SLOGAN WRITING COMPETITION Grade 9 & 10	☐ WED Poster-Making Activity Theme: “Beat Plastic Pollution” Duration: 40 Minutes Date: [Insert Date] In celebration of World Environment Day, students will take part in a creative poster-making activity based on this year’s powerful theme: “Beat Plastic Pollution”. This is an opportunity to express awareness, solutions, and personal pledges through art! ☐ Materials to Bring from Home: ☐ Chart Paper (A3 size) ☐ Colour Pens / Colour Pencils/Colours ☐ Paint Brush ☐ Activity Instructions: - Students will create a poster highlighting the issue of plastic pollution and how we can combat it. - Use drawings, slogans, messages, or creative layouts to convey the theme. - All posters must be completed within 40 minutes. - After completion, students must submit their posters to their respective teachers. Let your creativity speak for the planet! Say NO to plastic, and YES to a cleaner, greener Earth! ☐ ☐

“Participation is the cornerstone of any successful initiative—especially those dedicated to environmental conservation and sustainability. By engaging students meaningfully, we aim to plant seeds of awareness and responsibility that grow far beyond the classroom. Each child becomes a catalyst for change, creating a ripple effect that extends into homes, communities, and beyond, amplifying the collective impact of our actions on the planet.”

Regards,



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